

REMOTE PATIENT MONITORING – 12.10

RATIONALE

Community Health Center of Cape Cod strives to improve overall health and wellness of patients through the provision of high quality, integrated health services and recognizes the importance of patient engagement and responsibility in achieving optimal health goals. Technology has continued to evolve and there are now tools available for patients to monitor themselves, collect data about their health at various points throughout the day, then electronically transmit secure data in messages to their clinicians or technicians.

Self-monitoring is an effective strategy for chronic disease management; Self monitoring of such things as blood pressure and glucose, weight management and other screening/tests may improve patient engagement, provide important health data in between office visits and improve quality outcome and total cost of care.

POLICY

1. Eligibility: RPM services rendered to patient with acute /chronic comorbidities such as hypertension, obesity and uncontrolled hypertension.
2. Patients are required to use their own smartphone or tablet and log into an app at least weekly
3. Practitioner may furnish RPM service remotely, collect and analyze physiological data with acute and chronic conditions.
4. RPM is for established patients only.
5. Physicians and non-physician that are eligible to bill can order RPM for their patients.
6. There should be interactive communication with the patient for the course of the month.
7. Patient should have at least one scheduled office visit follow up per month (20 minutes/per month)
8. Provider will identify the patient that qualify for RPM and initiate the set up for RPM with nursing staff.
9. As long as CHC is able to fund the purchase of replacement equipment and the patient is below 200% of the Federal Poverty Level, patients will be offered to keep the equipment at the time the team decides to graduate them from the monitoring program.

Nurse/LPN/MA responsibilities will include:

- a) Clean and prepare the devices for distribution to patients
- b) Collect signed consent form from patient and save to scan folder to be uploaded to Epic
- c) Download monitoring app on patient's smart phone

d) Train patients on how to use the APP and provide ongoing support to the patient.

Work flow:

Once the RPM is initiated, team nursing staff will be responsible for logging into the RPM portal weekly to review the reports on patient readings.

